


TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
12:00PM - 1:00PM	ADULT Curriculum All Belts	ADULT Poomsae All Belts	ADULT Curriculum All Belts	ADULT Poomsae All Belts	ADULT Curriculum All Belts	9:30AM - 10:00AM Tiny Tiger Ages 3-5	<b>BIRTHDAY PARTY &amp; PRIVATE LESSONS</b>  <b>BOOK WITH US!</b> 	
1:00PM - 3:00PM	<b>OPEN DOJANG</b> Non-Member Drop-In Rate: \$35   Member Drop-In Rate: \$25					10:00AM - 11:00AM CHILDREN All Belts		
3:00PM - 6:00PM	<b>AFTER SCHOOL MARTIAL ARTS PROGRAM</b> AGES 4 TO 12					11:00AM - 12:00PM FAMILY CLASS Children / Adult Mix		
4:00PM - 4:30PM	Tiny Tiger Curriculum Ages 3 - 5	4:00PM - 4:45PM CHILDREN - Curriculum White to Purple	Tiny Tiger Curriculum Ages 3 - 5	4:00PM - 4:45PM CHILDREN - Poomsae White to Purple	4:00PM - 4:45PM Tiny Tiger - Sparring Ages 4 - 7	12:00PM - 1:00PM TEEN & ADULTS All Belts		
4:30PM - 5:15PM	CHILDREN Curriculum White to Purple	4:45PM - 5:30PM CHILDREN - Curriculum Blue to Black	CHILDREN Poomsae White to Purple	4:45PM - 5:30PM CHILDREN - Poomsae Blue to Black		1:00PM - 3:00PM Demo Class		
5:15PM - 6:00PM	CHILDREN Curriculum Blue to Black	5:30PM - 6:00PM Tiny Tigers Curriculum Ages 3-5	CHILDREN Poomsae Blue to Black	5:30PM - 6:00PM Tiny Tigers Curriculum Ages 3-5	4:45PM - 5:45PM Children - Sparring Ages 8 - 12	3:00PM - 5:00PM Private Class		
6:00PM - 7:00PM	FAMILY CLASS Curriculum Children / Adult Mix	FAMILY CLASS Curriculum Children / Adult Mix	FAMILY CLASS Poomsae Children / Adult Mix	FAMILY CLASS Poomsae Children / Adult Mix		<b>COLOUR BELT TESTING</b>  No classes on the last Friday of each month		Private Lessons Available Upon Request Monday - Sunday
7:00PM - 8:00PM	TEEN & ADULT Curriculum All Belts Ages 13+	TEEN & ADULT Curriculum All Belts Ages 13+	TEEN & ADULT Poomsae All Belts Ages 13+	TEEN & ADULT Poomsae All Belts Ages 13+	5:45PM - 7:00PM Adult - Sparring Ages 13+			1:00PM - 5:00PM REELSTUNTS TEAM TRAINING
7:30 PM - 9:00PM	BBW KYORUGI Invite Only	BBW KYORUGI Invite Only	BBW KYORUGI Invite Only	BBW KYORUGI Invite Only	7:00PM - 8:00PM Black Belt Class			Seasonal Course Location TBD

- For safety reasons, parents/spectators are not allowed on the training area/matted surface
- Class schedule may be changed occasionally, every 6 months
- Colour Belt Testing forms and fees must be in two (2) days prior to testing to avoid late fee of \$20
- Please try your best to attend class, as credit for missed days are not provided
- Students (Guardian) will be held responsible for any damages or vandalism made at BBW
- There will be no class on the last Friday of each month due to testing

- Consultation with Master Chang or any instructor requires an appointment
- All uniforms and equipment worn in class must be purchased through Black Belt World
- It is mandatory for all students to be registered with Taekwondo Ontario:  
www.taekwondo-ontario.com
- Standard Dress Code: BBW Dobok with Belt - White or Black plain undershirt may be worn under
- Sparring Classes: Only available for students in at least 3x/w with a rank of yellow belt or higher
- Students must bring full sparring equipment to each Sparring and BBW Kyorugi Team Class
- Blue Belts and higher require sparring gear and must be enrolled in at least 3x/week