



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
3.00PM - 6.00PM	<b>AFTER SCHOOL</b>						
4.00PM - 4.30PM	4.00PM-4.30PM <b>TINY TIGER Curriculum</b> Ages 3-5	4.00PM-4.45PM <b>CHILDREN Poomsae</b> Blue to Black	4.00PM-4.45PM <b>TINY TIGER Sparring</b> Yellow and up	4.00PM-4.45PM <b>CHILDREN Poomsae</b> White to Yellow	4.00PM-4.30PM <b>TINY TIGER Curriculum</b> Ages 3-5	10.00AM-10.30AM <b>TINY TIGER Curriculum</b> Ages 3-5	<b>BIRTHDAY PARTY &amp; PRIVATE LESSONS</b>  <b>BOOK WITH US!</b> 
4.30PM - 5.15PM	4.30PM-5.15PM <b>CHILDREN Curriculum</b> White to Yellow	4.45PM-5.30PM <b>CHILDREN Poomsae</b> Orange to Purple	4.45PM - 5.45PM <b>CHILDREN Sparring</b> Orange to Purple	4.45PM-5.30PM <b>CHILDREN Poomsae</b> Orange to Purple	4.30PM-5.15PM <b>CHILDREN Curriculum</b> Blue to Black	10.30AM-11.15AM <b>CHILDREN Curriculum</b> All Belts	
5.15PM - 6.00PM	5.15PM-6.00PM <b>CHILDREN Curriculum</b> Orange to Purple	5.30PM-6.00PM <b>TINY TIGER Curriculum</b> Ages 3-5	5.45PM-6.45PM <b>CHILDREN Sparring</b> Blue to Black	5.30PM-6.00PM <b>TINY TIGER Curriculum</b> Ages 3-5	5.15PM-6.00PM <b>CHILDREN Curriculum</b> Orange to Purple	11.15PM-12.15PM <b>FAMILY CLASS Curriculum</b> Children/Adult Mix	
6.00PM - 6.45PM	6.00PM-6.45PM <b>CHILDREN Curriculum</b> Blue to Black	6.00-6.45PM <b>CHILDREN Poomsae</b> White to Yellow		6.00PM-6.45PM <b>CHILDREN Poomsae</b> Blue to Black	6.00PM-6.45PM <b>CHILDREN Curriculum</b> White to Yellow	12.15PM-1.30PM <b>Children/Teen/Adult Mix Sparring</b> Yellow and Up	
6.45PM - 7.30PM	6.45PM-7.30PM <b>FAMILY CLASS Curriculum</b> Children/Adult Mix	6.45PM-7.30PM <b>FAMILY CLASS Poomsae</b> Children/Adult Mix	6.45PM-8.00PM <b>TEEN &amp; ADULT Sparring</b> Yellow and up	6.45PM-7.30PM <b>FAMILY CLASS Poomsae</b> Children/Adult Mix	6.45PM-7.30PM <b>FAMILY CLASS Curriculum</b> Children/Adult Mix		
7.30PM - 8.00PM	7.30PM-8.30PM <b>TEEN &amp; ADULT Curriculum</b> All Belts 13+	7.30PM-8.30PM <b>Black Belt Class</b>		7.30PM-8.30PM <b>Black Belt Class</b>	7.30PM-8.30PM <b>TEEN &amp; ADULT Curriculum</b> All Belts 13+		
8.30PM - 9.30PM	8.30PM-10.00PM <b>KYORUGI</b>	8.30PM-9.30PM <b>TEEN &amp; ADULT Poomsae</b> All Belts 13+	8.00PM-9.30PM <b>KYORUGI</b>	8.30PM-9.30PM <b>TEEN &amp; ADULT Poomsae</b> All Belts 13+	8.30PM-10.00PM <b>KYORUGI</b>	2.00PM-4.00PM <b>DEMO CLASS</b> Invitation Only	

**IMPORTANT & INFORMATION**

1. For safety reasons, parents/spectators are not allowed on the training area/matted surface
2. Class Schedule may be changed occasionally, every 6 months
3. Color Belt Test forms and fees must be in two (2) days prior to testing to avoid late fee of \$20
4. Please try your best attend class, as credit for missed days are not provided
5. Students (Guardian) will be held responsible for any damages or vandalism made at BBW
6. There will be no class on the last Friday of each month due to testing

7. Consultation with Master Chang or any instructor requires an appointment
8. All uniforms and equipment worn in class must be purchased through Black Belt World
9. It is mandatory for all students to be registered with Taekwondo Ontario: [www.taekwondo-ontario.com](http://www.taekwondo-ontario.com)
10. Standard Dress Code : BBW Dobok with Belt - White or Black plain undershirt may be worn under
11. Sparring Classes : Only available for students in at least 3x/w with a rank of Yellow Belt or higher
12. Students must bring full sparring equipment to each Sparring and BBW Kyorugi Team class
13. Blue belts and higher require sparring gear and must be enrolled in at least 3x/week